



Mook Book

2015

Welcome to Mook Book!

What IS a Mook Book?



A Mook Book is the thing you are reading right now, my dear darling! It is a collection of the most fantastic ideas from the beautiful minds at mookychick.co.uk. If you're in need of a cheer-up, some inspiration, a giggle or some wonderment, this is the thing for you. We have worked hard to create some of their best work all for YOUR Mooky pleasure. So, enjoy.

What is Mookychick?

Mookychick is the indie bible for babes with attitude.

We write about alternative style, feminism and life. We're a big slice of mindcake! If you look closely, you'll see we're into social activism and come up with how-to guides on everything from casting a spell that might actually work to making a fruit bowl out of a record. These are life skills we're talking about. Individuality, inclusivity and joy. That's what makes life beautiful!

Mookychick is an unstoppable army and it appears that you are its only soldier and general. Welcome to Mookychick.

Feel mooky, not pooky.



2015 Book of Mook: Contents

Cows Ought Not To Eat Nuts 'Til Sunday*

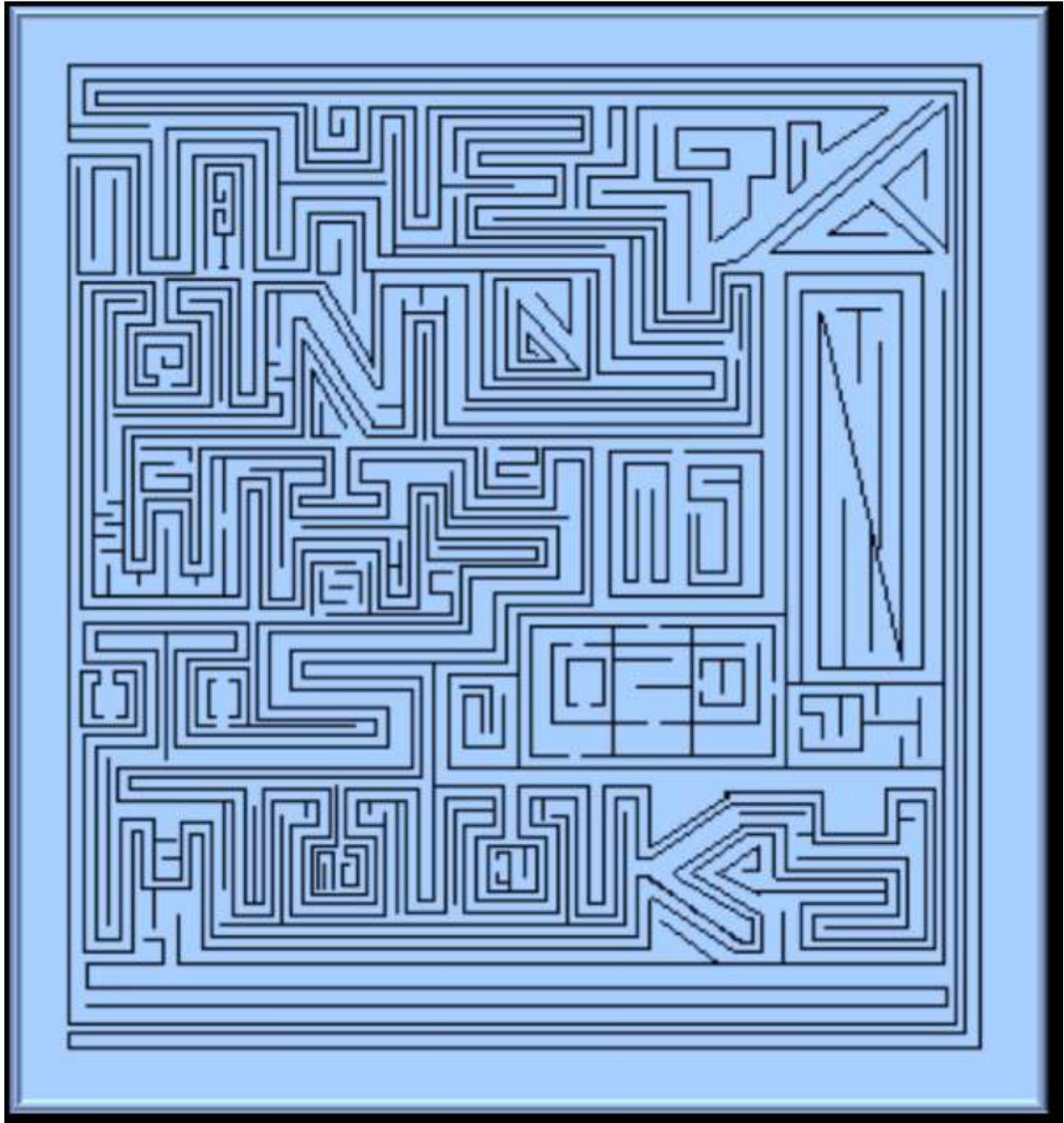
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***Mookychick does not endorse
the feeding of nuts to cows on any day of the
week unless advised to by a qualified bovine
nutritionist.**

magical mooky maze

To start your journey into 2015, what could be more fun than to take a pencil on a journey through the magical mooky maze?



No minotaurs, as you can see.
Exits? Entrances? Let your pencil decide.

January



January is a dull month. You have a New Year's Resolution you already regret, the holidays are over, soon everything will be back to normal and the long summer breaks seem forever away.

January is, however, a top-notch month for watching films! Here are our top five articles about films for your viewing pleasure. Snuggle away the January blues in a comfort zone... click one of the 5 links below!

1. [Weird British Horror Films](#)
2. [Top 20 Best Korean Films of All Time](#)
3. [Shine A Light On... Silent Movies](#)
4. [10 Indie Romcoms Worth the Watch](#)
5. [Bad Girls and Tough Girl Cinema](#)

must watch for January nights: something... childish?

Ever After High

Much like the sister franchise Monster's High, Ever After High is a Mattel series of dolls with accompanying books, films and games. The stories of Ever After High focus on Raven Queen, daughter of the Evil Queen, trying to fight her fairy tale destiny and get a Happily Ever After.

Raven and her schoolmates are rebelling against a system that favours those born to the successful. Working together to discover their own stories, this is a light-hearted adventure into fighting injustice and being your true self. Also, Wonderland characters such as Maddie Hatter, Lizzie Hearts and Kitty Cheshire feature heavily in this refreshing take on fairy tales, and MookyChick does love a bit of Wonderland.

things to do in January:

1. Wear a wig
2. Go thrift shopping
3. Fill a scrapbook with all the things you like about yourself for when you're feeling gnichy-gnochy
4. Buy a big, hideous t-shirt and make it into something new

mook it yourself:

If you're stuck in a manicure rut, why not try this simple tip to liven things up? Pick a finger and do... something different. Just one finger on each hand adds interest and impact without requiring the time and patience. Try a contrasting colour (black, with classic red nails?), an unexpected pattern (leopard print, with block gold?) or perhaps a picture (an initial, a heart, or a seasonal motif in white, with matt black nails?). As for the nail, you can pick a different one every time. Mooks with a lot of instructions to give might pick their pointer, Mooky Brides can highlight their ring finger and feisty ones might find reason to show off their middle finger.

inspiration for January:

"Women, like men, should try to do the impossible. And when they fail, their failure should be a challenge to others." Amelia Earhart

February

February is the month of romance, or so the card companies would have you believe. Whether you're a Valentine's fan or not, here are five Mooky articles for your February nights (click away!)

1. [Unconventional Romance in Video Games](#)
2. [Et Tu Dude... Is Romance Dead?](#)
3. [Why I Hate Valentine's Day](#)
4. [How to Make a Foam Rose](#)
5. [Make a Heart-Shaped Massage Bar To Show Your Love](#)

Must watch for February nights: something... action packed?

Mulan: Legendary Warrior

No, not the Disney singalong adventure. You've probably heard of this one before, but it being on Netflix makes it a lot easier to find. The Chinese legend is brought to life in this emotional and gripping film. It's subtitled (although I tend to prefer that over dubbing) and if you go into it with absolutely no knowledge of the period you might get a bit confused to start with, but the story practically tells itself and there are some stunning surprises.

The old story of the girl shunning a feminine role for her own reasons is always a Mooky favourite, but this film shows us the truth of it. Unlike the Disney film, this one is gritty and realistic. Also, if you're inclined to cry at endings that aren't typical of Hollywood, you might want a tissue for the last few minutes. Just saying.

Mook It Yourself

If you've watched any recent film or TV series you'll have noticed what hair is doing this year: 'Cute braids for everyone (and none for President Alma Coin)'.

If you've **hair of chin length or longer** you can look up tutorials for crown braids, and if it's **even longer** than that you can play with Dutch braids, fishtail braids, infinity braids...

Even **shorties** can get in on the action, braiding pretty ribbon into a new hair accessory or jewellery.

Inspirational Quote for February

"The best and most beautiful things in the world cannot be seen or even touched - they must be felt with the heart." Helen Keller



March



March is that month that doesn't know if it's cold or wet or getting warmer.

Seek March-flavoured inspiration...

1. [Alice in Wonderland Philosophy](#)
2. [Unbirthday Party](#)
3. [Hanami!](#)
4. [How to Celebrate St Patrick's Day](#)
5. [The Female Ninjas of Iran](#)

This month, why don't you try?

Making a den out of bed sheets and hold a tea party there
Carrying a superhero style mask or cape in your bag and if anyone asks what it is, tell them you cannot explain for the safety of the galaxy

Learning to sing a song in a foreign language

Adopting a rock for a day and protect it with your life

Must-watch for March nights: something... musical? **Tim Minchin Live: Ready for This!**

Tim Minchin, singing comedian takes to the stage. This isn't one for the easily offended; Minchin takes his audience to the limit and then gives them whiplash with his tuneful punchlines. Minchin covers, through song, a lot of issues we all can sympathise with. Also, he is my eyeliner inspiration. True story.

Mook It Yourself

Mooks who love lip colour might have felt lust for high-end alternative brands and their emerald green, deep black and rich purple offerings, but for a cheaper and more personal touch, you can melt together ordinary wax crayons with coconut oil for simple lip colour that is completely customisable. And don't worry about spending a lot of money on a big pot of coconut oil; stick some of it on your bonce (head) for a great conditioning hair mask. Face the world with beloved colour.

Inspiration for March

"We are here, not because we are law-breakers; we are here in our efforts to become law-makers." Emmeline Pankhurst



APRIL

APRIL BEGINS WITH FUN AND FROLICS AND LEADS UP TO EASTER/INTERNATIONAL CHOCOLATE SCOFFING DAY. THOSE APRIL SHOWERS WILL HOPEFULLY MEAN BEAUTIFUL FLOWERS SOON.

IN THE MEANTIME, HERE ARE FIVE ARTICLES TO READ IN APRIL.

1. [How to Have an Easter Egg Hunt Party](#)
2. [Floriography- The Language of Flowers](#)
3. [How to Have a Spring Clean](#)
4. [Dandelion Jam Recipe](#)
5. [How To Give To Charity Without Spending Money](#)



THIS MONTH, WHY DON'T YOU TRY?

- Decorate a ring binder with things that make you smile, then use it to store boring things like bank statements
- Buy flowers for yourself because they're pretty
- Make a piece of jewellery
- Go on a first aid course

INSPIRATION FOR APRIL

"NOTHING IN LIFE IS TO BE FEARED, IT IS ONLY TO BE UNDERSTOOD. NOW IS THE TIME TO UNDERSTAND MORE, SO THAT WE MAY FEAR LESS." MARIE CURIE

MUST WATCH FOR APRIL NIGHTS: SOMETHING... RISQUÉ?

Bettie Page Reveals All

The tell-all documentary about the life of one of the most famous, yet elusive, pin-up models the subculture has ever known.

Bettie is constantly imitated but barely understood. This is the film for fans of burlesque and pin-up and anyone who wants a peek into the mind of an Icon.

MOOK IT YOURSELF

If you've looked at other mooks with a touch of eyeliner envy, don't turn green!

Instead, here are a few tips for the perfect eyeliner wings.

There are so many ways internet-folks suggest to keep your face-paint simple and effective....

Some of the best include using medical tape to (carefully) mark where the lines should be, using the end of a spoon for a neat curve, holding your lids back with a credit card when you put on mascara and making card templates of your boldest shadow styles for easy application.



May

May is that month where you're either falling behind on your work with summer in sight, or you're eager for the taste of a new challenge. Whichever side of the fence you fell off; here are five articles for May adventures.

1. [How to Write Short Stories Overnight](#)
2. [Car Repair Tips for Women](#)
3. [8 Alternative Flower Arranging Ideas](#)

to try in May...

- Write a letter to yourself only to be opened in five years and hide it away until it's time
- Dress in your fanciest outfit to do something mundane like grocery shopping
- Pop an entire sheet of bubble wrap in one sitting
- Leave a love letter to the world between two frozen turkeys in the supermarket

inspiration for May

"We may encounter many defeats, but we must not be defeated."

Maya Angelou



must-watch for may nights: something... unexpected?



Bronies

Whilst Mookychick is a largely female environment, we respect the dudes we have amongst us: especially when they ignore expectations and like something unexpected. Bronies follows a selection of men who are fans of hit TV show 'My Little Pony: Friendship is Magic' as they travel to various conventions and events to explore their passion and make some friends.

Despite their common bond (the love of a TV show with a target audience of little girls) the guys are all fun individuals. The older lads are confident with their interests and comfortable with themselves, the younger ones take us on their journey into accepting themselves and becoming accepted by loved ones. Even if you have no interest in My Little Pony, there will be something to take from this.

mook it yourself

Think you've done the 'one finger different' manicure to death? Increase your finger-bewitching without doing the equivalent of an art degree on your nails.

Inspired by the shoes designed by Loupoutin, lots of women started painting the underside of their nails with red (or any other colour) to imitate the striking soles of the shoes that are as beautiful as the tops. This is easy if you have a nail art pen, but if not, get out your trust medical tape and stick it over your fingertips. Use your nail polish brush as usual, peel off the tape and admire your designer inspired hands.

June

Is it summer yet? Lucky Mooks might get some sun; others might have to wait a while before they can head out to play. Here are some ideas, no matter what the weather brings:



1. [All-Nighter Tiredness Tips](#)
2. [Survive a Boozy Camp-Out](#)
3. [10 Ways to Survive Travelling Alone](#)
4. [In Praise of Jelly Shoes](#)
5. [Summer Heat Tips](#)

This month, why don't you try?

1. Compile a list of all your favourite songs
2. Set yourself a small budget and try make a delicious meal for yourself and a friend without going over your limit
3. Pick a shortish book and read it in one day
4. Camp in your living room as if it were the wilderness. Don't leave camp for anything, even if you've forgotten to pack the spoons.

Must-watch for June nights: something... thought-provoking?

Kuma: A young woman is married to an older man who already has a wife. Chaos ensues. The characters are all Muslim, and the film deals with the situation without relying on vicious stereotypes. The story is gripping, twisting where you least expect and never failing to deliver a punch. This is a foreign language film, mostly in German, with English subtitles, but the characters are still so relatable that it doesn't matter.



Mook It Yourself

Have you suddenly discovered that you have nothing to wear?

Do you own a scarf?

Then the possibilities are endless.

Silk scarves can be worn to protect your hair from the wind and heat (silk is lovely to hair), around wrists, hips and necks.

Long, wide scarves can become halter neck tops, emergency sarongs, even dresses if they're big enough.

If you have a couple of cool badges or some safety pins, you can do even more. Bring out your scarves, give them all a trip out into the world.

Scarves are nothing to do with bees (pictured). But bees, like scarves, are excellent.



Inspiration for June

"I am not afraid of storms, for I am learning how to sail my ship."

Louisa May Alcott



July

WHETHER YOU'RE JETTING OFF SOMEWHERE EXOTIC OR LOOKING FORWARD TO A STAYCATION AND SOME ME-TIME, JULY IS THE MONTH FOR RESTING, HEALING AND RECHARGING YOUR MOOKY BATTERIES.



HERE ARE OUR SUGGESTIONS FOR FIVE ARTICLES TO HELP YOU REDISCOVER YOURSELF.

1. HOW TO GET WORK AT FESTIVALS
2. SUMMER JOBS THAT LOOK GOOD ON A CV
3. FANTASY FICTION AND VAMPIRES VS ORCS
4. HOW TO LOOK GOOD IN WHITE GOTH CLOTHING
5. VASELINE BEAUTY TIPS

Things to do in July...

- EAT SOMETHING YOU USED TO HATE, TO SEE IF YOU'VE CHANGED YOUR MIND
- FIND DIFFERENT WAYS TO MAKE PAPER AEROPLANES AND TEST WHICH IS BEST
- BUY A CHEAP FASHION DOLL AND MAKE THEM SOME NEW CLOTHES
- MAKE A FABULOUS HAT OUT OF RECYCLED MATERIALS

Must watch for July nights: something... childish?

THE NUN...

A YOUNG WOMAN IS FORCED INTO A NUNNERY AGAINST HER WILL AND FIGHTS TO GET OUT.

THE FILM, TOLD THROUGH THE ILLICIT MEMOIRS OF THE TITULAR CHARACTER, TELLS A STORY OF THE STRANGE ALL-FEMALE WORLD CREATED IN CONVENTS IN WHICH WOMEN CAN HAVE POWER, BUT ONLY OVER EACH OTHER.



Mook It Yourself

Think you don't have enough accessories for your hair? Before you race to Etsy and buy all those fabulous flower crowns, pop-art headbands and feather fascinators, have a look around you.

With cheap bobby pins, some glue and a poke around your place, you can get a whole host of new accessories for a pittance.

For starters, look for **broken pendants, buttons, embroidered patches...** move on to the pretty bit of **broken teacup** you never could throw away, **toys** from chocolate eggs, **scraps** of paper or fabric...



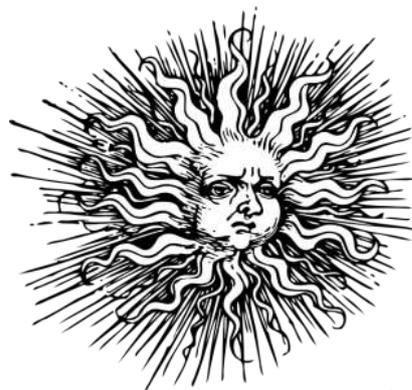
For bigger bits, get yourself some sturdy alligator clips or adhere to fabric headbands.

Inspiration for July

"I don't want to be someone else."

Tina Fe

AUGUST



Is summer over yet? Is it too hot? Are you ♥gasp♥ bored without the structure of the rest of the year? Dip your toes into our five articles and have an enriching August.

1. [Back to School Guide](#)
2. [Top Ten Feminist Quotes](#)
3. [What Is The Difference Between Wicca And Paganism?](#)
4. [Pollen Allergy Season Relief](#)
5. [Ten Very Specific Types Of Apocalypse \(and how to survive them\)](#)

things to try in august...

- Fill a piñata with sweets and toys and take it to an ordinary gathering of friends
- Collect as many sachets of sauces, seasonings, napkins and straws as you can from restaurants and then keep them in a drawer for lazy days
- Eat a sugary doughnut without licking your lips
- Have a marathon day watching nothing but your favourite TV show

must watch: something... colourful?

Chasing Amy

A guy falls in love with a fantasy. The woman might love him. Comics are important. This film gets a lot of attention in Alt. communities because of its interesting depictions of sexuality. Despite the film itself being locked in its time (it screams 90's more than a broken speed camera) there is a sense of universal confusion in the protagonists. It plays with gender, race and sexuality and gives you food for thought, even if you're not keen on the end product.

Mook It Yourself

Hey, when you've finished gluing everything you own to bobby pins (yes, gluing your memory stick to one is a brilliant idea), think of what else you can do with them.

Matching (co-ordinating or, heck, contrasting) hair clips can make great shoe clips too. Simply slide over the toes or down the heels of a pair of plain pumps to add some one-night jazz.

If you glue safety pins or badge backs to your creations, you can stick them on all your clothes as well.

Essentially, you can put all your office equipment on your body!

inspiration for august

"i've always loved the idea of not being what people expect me to be."

dita von teese



SEPTEMBER

Back to school, college or the ol' routine. Whether you're stuck in a box atoning for your sins from 9 to 5, or if you live the life of a creative independent, here are the picks for September reading on Mookychick.

1. [How to build a stress relieving environment](#)
2. [How to avoid going clubbing](#)
3. [Trying something new](#)
4. [Escaping The Bell Jar \(of student fees\)](#)
5. [Fancy an interesting hobby? Try Head Over Heels](#)

THIS MONTH, WHY DON'T YOU TRY?

- Feed the ducks
- Decorate something with a dinosaur
- Buy a colouring book. Enjoy
- Sleep in a hammock

MUST-WATCH FOR SEPTEMBER NIGHTS:

SOMETHING... ROMANTIC?

Memoirs of a Geisha

The classic of Geisha romance stories. Whilst not exactly accurate, the film version of Goldman's book is a work of art. It tells the story of a young girl sold to an okiya and living the fascinating hidden life of a Geisha in the turbulent years surrounding World War Two. The protagonist takes her destiny into her hands and comes out with what she wanted.



MOOK IT YOURSELF

Conventional beauty wisdom demands that women wear enough makeup that they look different, but that it looks like they aren't wearing any at all.

If you're going to wear makeup, you might as well have fun with it. So experiment with some new, entirely unnatural looks.

From **pink victory rolls** to **teal pouts**, making your **blusher match your shoes** and your **nails match your eyes**, there is no limit to what fun you can have with colour. It's like being five and playing with your parent's lipstick, except no one will shout at you.



INSPIRATION FOR SEPTEMBER

“Each person must live their life as a model for others.”

Rosa Parks

October



The nights grow longer and darker and spooky times are ahead. Whether you're pumpkin-headed and party-bound, or a white magick Wiccan, or neither, Mookychick has something for you in October.

1. [Beyond Sexy Halloween Costumes and Halloween Immunity](#)
2. [How to Celebrate Samhain](#)
3. [In The Coffin and Out Of the Closet: The Lesbian Vampire Reclaimed](#)
4. [Compiling Your Book of Shadows](#)
5. [How to Hide in a Cupboard](#)

Things to try in October...

- Read a random Wikipedia article every day for a week.
- You know that thing that you always need but never have? Go buy some today.
- Make some 'thank you for being a friend' cards to give to those who matter most.
- Learn a new makeup, hair or nail polish technique.

Inspiration for October

"It is the soul's duty to be loyal to its own desires. It must abandon itself to master passion."

Rebecca West

Must watch for October nights: Something... gritty?

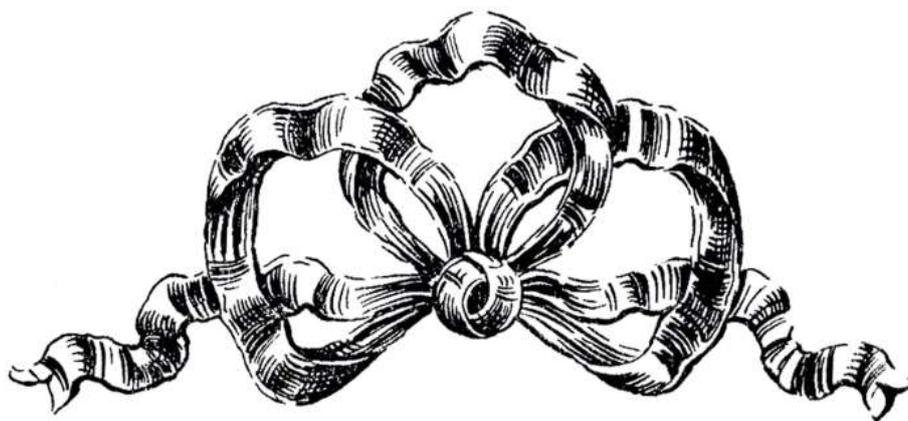
The Magdalene Sisters

In a small town, three girls are swept away to be imprisoned in a convent laundry to wash away their sins without a word from a judge or jury. It sounds like the plot of a Victorian romp, but it's the reality of 20th century Catholic Ireland. The film is a dramatized version of the true story of hundreds of young women shunned by their families and locked away by the Church for having children out of wedlock, being sexually assaulted or even just flirting.

The Magdalene Laundries are no longer operational, but the emotional scars are worn by some of their victims to this day. Abortion debate still divides many countries. The film portrays the dark side of human nature, struggles for freedom and the real depths that victims of abuse can be taken to.

Mook It Yourself

You know what you can never have enough of? Bows. Sometimes, no outfit is complete without at least thirty bows. Fringe getting in your face? A wide piece of ribbon tied at an angle on your head looks classy whilst getting the job done. LBD looking a bit plain? Get another bit of ribbon (or a scarf) and tie it around your waist. Ran out of ideas for your fingers? Using a toothpick and some nail polish, you can easily free-hand some bows onto a nail. Have a bow-tiful day!



November



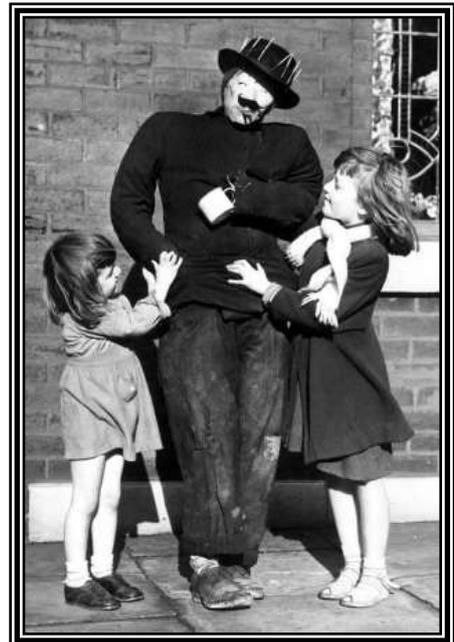
November brings longer nights with less to do, but that just means more time to Mook your life up. And write. Also, fireworks!

1. [NaNoWriMo](#)
2. [Your Life... As A Video Game](#)
3. [Moon Gardening and Night Gardens](#)
4. [Online Sock Pattern Generator](#)
5. [Steampunk Tea Duelling Rules](#)

This month, why don't you try?

- Look at your desk. Take off five things you don't need. Doesn't that look better?
- Adopt a plant. Even a saucer of cress seeds will do.
- Read a children's fairy story from a different culture to your own
- Do 'penny for the guy'. If you're not sure what that is, look it up.

*Remember, remember!
The fifth of November,
The Gunpowder treason and plot;
I know of no reason
Why the Gunpowder treason
Should ever be forgot!*



Must watch for November nights: something... epic?

IMAGINÆERUM

A FEATURE LENGTH FILM BY THE METAL BAND NIGHTWISH, IMAGINÆERUM IS THE STORY OF TOM (A YOUNG CHILD IN A CHILDREN'S HOME WAITING FOR HIS PILOT FATHER), AN EMOTIONALLY DETACHED MUSICIAN AND A DYING OLD MAN, TOLD WITH LYRICAL BEAUTY.

NIGHTWISH ARE, WITHOUT DOUBT, ONE OF THE FOREMOST CONTEMPORARY METAL BANDS.

IF YOU'VE HEARD THE BAND, SEE THIS FILM. IF YOU'VE SEEN THIS FILM, SEE IT AGAIN.

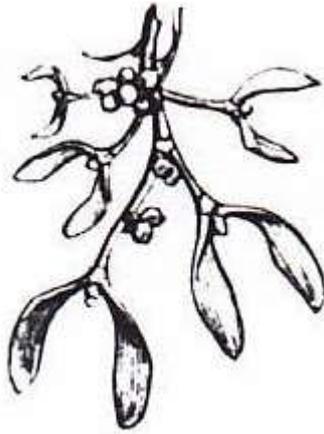
AS THE NIGHTS GROW COLDER, WHO DOESN'T DREAM OF SNOWMEN AND DAYS THAT HAVE GONE BY?



Inspiration for November

“I don't want fear of failure to stop me from doing what I really care about.”

Emma Watson



December

The supermarkets have been pushing for you to buy turkeys since September, but it's finally here: the end of a year! How did it feel? Well, if you missed a month or two, now is your chance to make it up to yourself:

1. [How to Have A Winter Picnic](#)
2. [Craft 101- Make Your Own Christmas Gifts](#)
3. [Piratemas- An Alternative Christmas](#)
4. [How to Have a Spiritual Ritual Bath](#)
5. [Victorian Christmas Parlour Games – an Educational Guide](#)

Things to try in December

Meditate

Make bunting out of scraps you've held onto and adorn your living space

Acquire a new bookmark

Try a workout you've never done before

Inspiration for December

“Success is liking yourself, liking what you do, and liking how you do it.”

Maya Angelou



Must-watch for December nights:

Something... refreshing

Ever After: A Cinderella Story

This film is a few years old now, but I still consider it one of the best retellings of a fairy-tale princess. Drew Barrymore is the hard-done-by stepdaughter slaving away for the Baroness Rodmilla D’Ghent and her two daughters, beautiful but spiritually hideous Margaret and kind-hearted Jacqueline. Set in France in the 14th Century and incorporating no less a man than Leonardo Da Vinci as a fairy godmother, the story is kept in a historical background but stripped bare of any magic and mystery. Danielle, nicknamed Cinderella for her dirty appearance, is a punchy (literally) young woman fighting the hand she’s been dealt and quoting Thomas More as she goes.

It’s a cliché to put modern sensibilities into a historical context, but this film does it with style. The passions, for humanism, for love, for freedom, are real and visceral and transcend time and tales.

Mook It Yourself

Why no, they don’t call December the party season for nothing. Now is the time to bring out **all that glitters**: literally. Who cares if it’s gold, pink or that elusive perfect black glitter? Nothing is too bold for December, so it’s a perfect time to shine whatever their style.

Got a fabulous **flapper dress** gathering dust? Break it out and Charleston the night away. Love **sequins**? Bring them all. **Tinsel** wrapped around your **ballerina bun**? You look like you fell off the top of a Christmas tree, in the best way imaginable.



Miss Chris's Guide to Wire Wrapped Jewellery



Wire wrapping can be tricky, but it's easier than you may think. Here are a few hints to get you started:

All you really need is [something to wrap](#), [a good quality wire](#), [round nose jewellery pliers](#), [flat nose jewellery pliers](#), and a [cutter](#). You could use scissors, but even sharp ones won't remain sharp for long.

I'd recommend starting with some square wire between 22-24 gauge. Square wire is less likely to twist, and those sizes are flexible enough for a beginner to work with but also very strong.

Don't start by trying to wrap polished gemstones or cabochons- they're too smooth and difficult to work. Try rough gemstones, sea glass, buttons or whatever else you fancy instead. Have a search in libraries, Pinterest or Etsy¹ for lots of inspiration and tutorials. Follow your own imagination, and if something doesn't work out you can always unwrap it and try again, easy-peasy!

¹ Psst, speaking of Etsy, head over there and [check out Chris's shop](#) by searching 'LeGhra' to get your grubby mitts on some of her delightful offerings. Support the arts! And artists! Down with escalators!

FOR POSTERITY

Raise hell; let the poets and their demons out
Pour rum in their teacups and answer the shout
The call of the words and the lines and the rhymes
Someday their work will be all that's left of their times
One day, from among them, a bard will be found
His or her work cherished then ran into the ground
A ring of theories circle their head
But what will we care: We'll all bloody be dead!

Emmi Miller



A WAR GOD IN SUMMER

This place I had marked for Death, yet
here the living lie

The bed of bones and blood, and those
yet still to die

I sit and watch and scorn, and try to
understand

The coloured tents and joy on England's
green, unpleasant land

Matt Dean



LAST WORDS

Once I happened upon a rather fat cat.

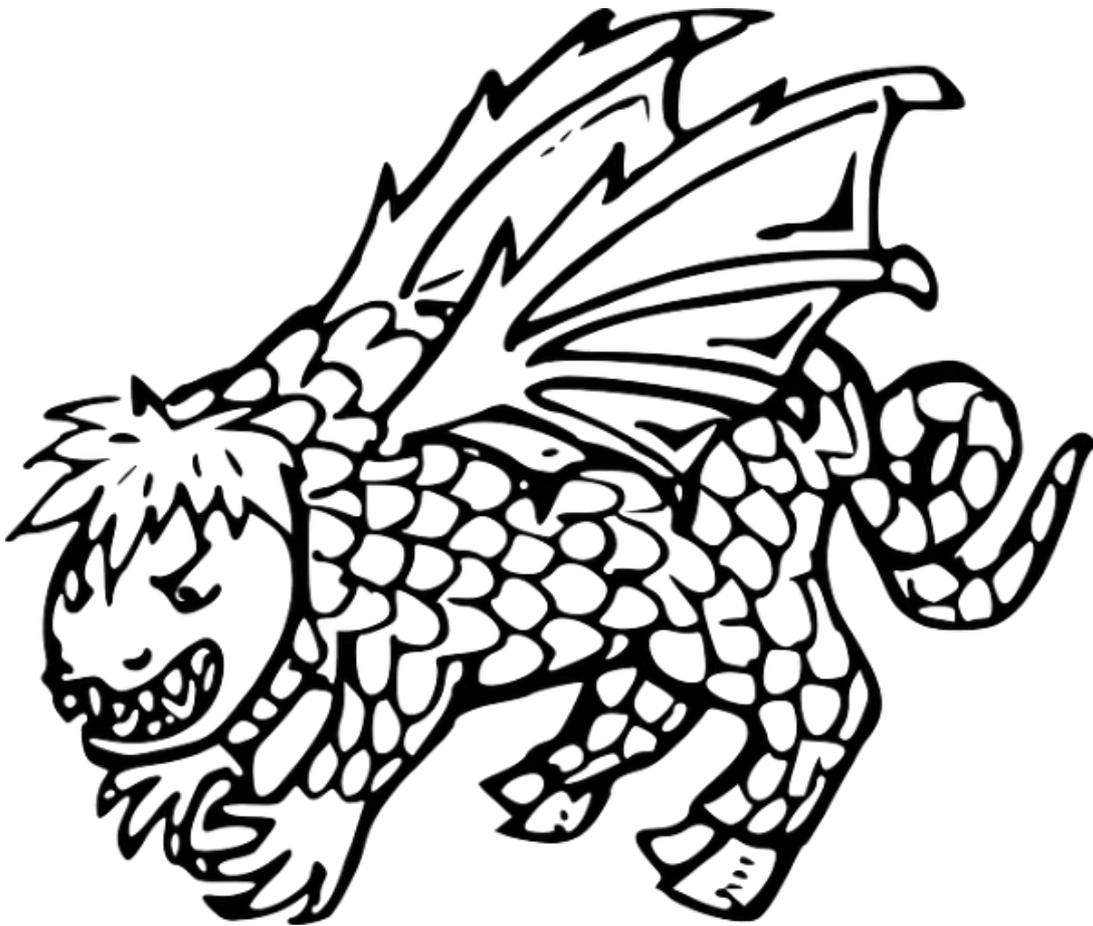
Fancy that, thought I, he looks like a bat.

At home we fed him some milk and some pies;

But ~ to our great and stammering surprise ~

He was a dragon. Just in disguise.

Rachel Acham Seagroatt

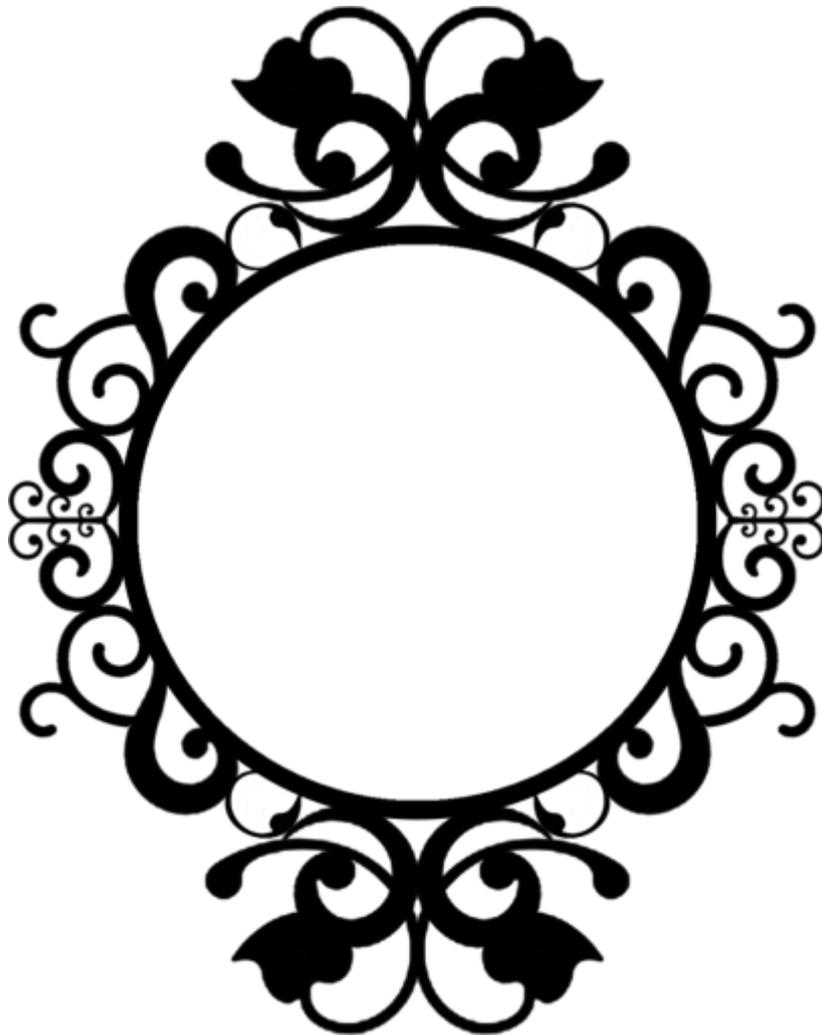


HELLO, YOU.

This book belongs to you. Yes, you, you wonderful person. It was made with love for you.

Using your insider knowledge and a humble pencil, draw yourself as you wish to be seen...

A self-portrait. An animal. A symbol of a promise to yourself. A doodle, just because? Oh, well, we couldn't possibly say...



THANKS AND PRAISE

This book was all put together with the help of mooks like you. It would have been impossible without the passion and creativity of the people who frequent the happy home of mook – a land with no border, a mansion with many rooms. And so we offer our deepest heartfelt thanks to all those folks who pitched in.

Compiled by
Emmi Miller

Grand Matron of Mookychick
Magda Knight

Contributing Conquerors
Rachel Acham Seagroatt
Emmi Miller
Valkyrie Darkstone
Miss Chris
Matt Dean
Clara Miller



Photography
Craig Anderson
Emmi Miller
Miss Chris

Righteous Reader
Your Very Good Self

Special Mentions ~

- Microsoft Word, for only 'not responding' 52 times during this project.
- Whoever made the 249 cups of tea, 68 mugs of hot chocolate, 36 jaffa cakes, 3 bacon sandwiches and 1 large mess.
- The Mooks, for being an endless source of inspiration.
- Headphones, for allowing the loud playing of music without annoying the neighbours.

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